



For more Information:
info@joyneroutdoormedia.com
www.tentolife.com

FOR IMMEDIATE RELEASE: April 8, 2025

New Book- One Percent 365

Joyner Outdoor Media Proudly Announces the Publication of: *One Percent 365*, By Mike Joyner

McGraw, NEW YORK – Joyner Outdoor Media announces the publication of: *One Percent 365*, By Mike Joyner

In the author's twentieth title release, "One Percent 365", he indulges in a focused look at how one percent of our efforts can yield large, meaningful changes and results. It is a performance and a life-changing perspective. We will explore together how we may overcome the natural mental roadblocks in achieving big goals, to grasp how a slow and steady effort is a way to adapt little by little and arrive at a better place, time after time. This approach gets us past the burden of being overwhelmed by being uprooted from our daily routines.

Publisher's Summary - "One Percent 365" The latest offering in inspiring topics from the author is a unique departure from his well-known outdoor book titles. In the book, the author immerses the reader in how applying an additional one percent of our efforts in any increment of time can yield large, meaningful changes and results. It is a performance and a life-changing perspective. The subject is well organized with useful and pragmatic examples for the reader to consider.

Hardcover, paperback books, and kindle – available now on Amazon

<https://www.amazon.com/dp/B0DZYV1QZY>

Joyner can be made available for media requests by emailing: info@joyneroutdoormedia.com